



**Ronald
McDonald
House®**
Detroit



RULES & GUIDELINES

Providing a home-cooked meal for the families staying at our House is one of the greatest ways to give our families the comfort and care they need during their hardest days. This unique volunteer experience is best for businesses, families or community groups of 4 to 12 people, max. Kids under 18 are welcome but must be accompanied by an adult.

Recommended Arrival Time for cooking:

Breakfast: arrive between 9am and 10am

Lunch: arrive between 10am and noon

Dinner: arrive between 4pm to 7pm

- Health and safety is a main concern at the House, please refrain from preparing food if you are ill, and follow common healthy kitchen practices. (washing hands, avoid cross contamination, etc.)
- Food must be prepared in House kitchen or ordered from a business. (example: order subs, pizzas, catered meals etc.)
- All volunteers must keep hands clean and hair back while preparing food. We do have aprons, gloves and hair nets available if needed.
- Meals should consist of 1 main entree, & 1 to 2 sides. Providing beverages or dessert are optional.
- Volunteers are responsible for any ingredients needed to make the meal. An in-kind donation form can be filled out upon arrival for receipt of donated goods.
- Volunteers must clean up after their preparation, load and run dishwasher, hand wash larger pots and pans or non-dishwasher safe items.
- All meals must be served meal-prep style, in individual portion sized containers. We appreciate if you provide the containers needed for your meal, **stickers are provided to list any common allergan ingredients and date of meal. All prepped containers must be stickered.**

Kitchen Equipment Available:

2 Stoves/Oven, 3 Microwaves, 2 Sinks, Blenders, Instant Pots and Slow Cookers
Common pots, pans and utensils, 2 Outdoor Grills

FOR PREPARING/SHOPPING PURPOSES

Commonly prepare for 25 to 30 guests. Though you can call our front desk team to confirm, as our number of families in the House at one time can vary.

We may also have some ingredients on your list already at the House, please ask when you call.

CONTACT OUR STAFF

313-745-5909

Our front desk is staffed from 9am to 9pm

or email Marisa at MRossi@ronaldmcdonaldhousedetroit.org

or Anthony at AWalker@ronaldmcdonaldhousedetroit.org



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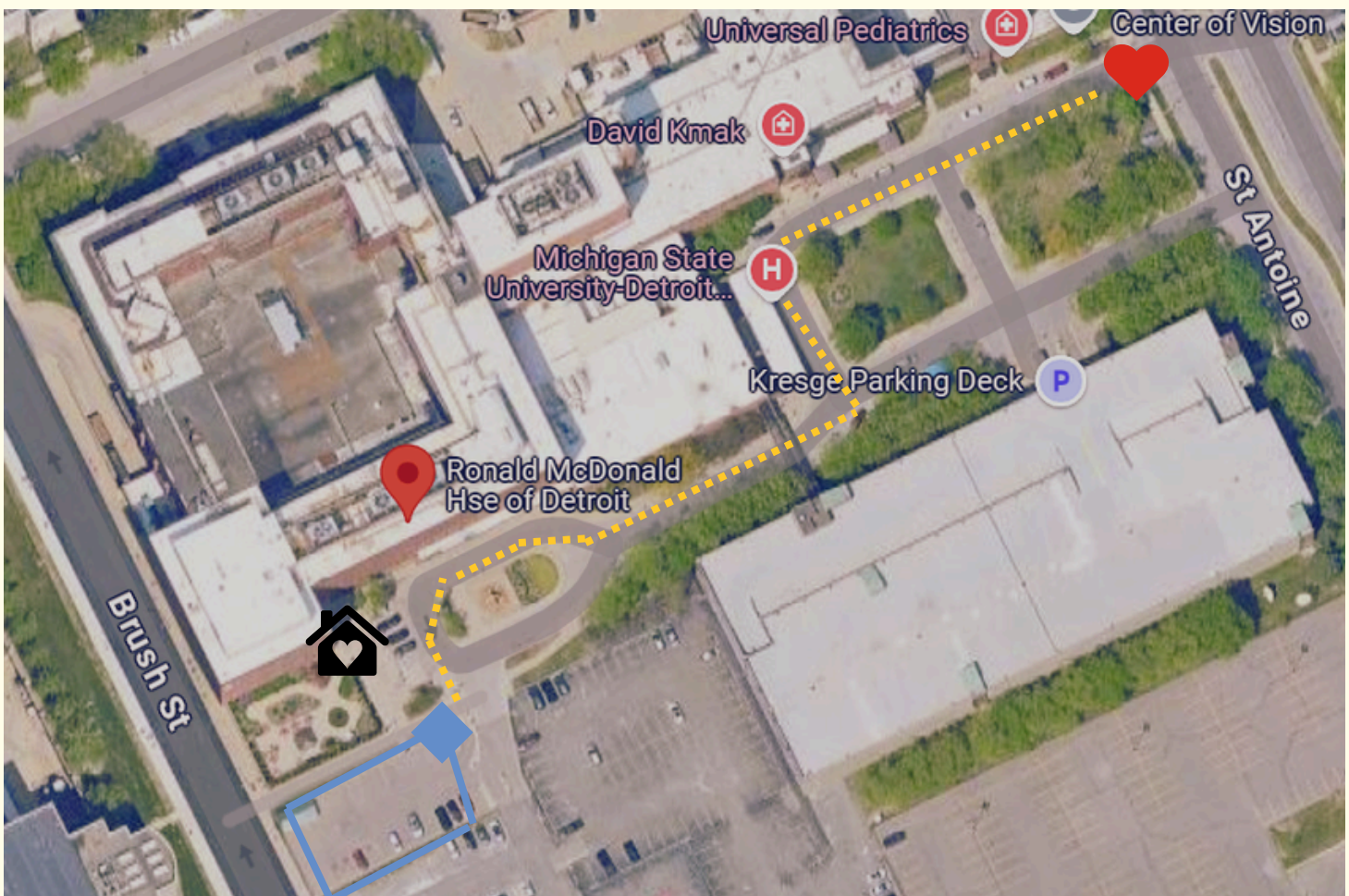


HOW TO GET TO THE HOUSE

OUR ADDRESS IS:

**4707 St. Antoine Street
Detroit, MI 48201**

- Your GPS will bring you to the front driveway (❤️ on photo below)
- From there you will need to follow the driveway to the back (..... below)
- You can pull up to the gate to access our parking lot (◆ below)
- Please call our front desk at 313-745-5909 to have staff open the gate.
- Enter our building at 🏠 you will see our logo on the black awning. Press the button at door and staff will buzz you in.





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INTERACTING WITH OUR FAMILIES

At Ronald McDonald House Detroit, we practice Trauma Informed Care to create a safe environment for our guest families and for your group.

While visiting our House, you may encounter guest families.

Here are a few House guidelines to follow:

Please do not ask personal questions, share your personal stories, or ask to take photos or videos with our families.

If you find yourself in a conversation with a guest, we ask that you **DO NOT:**

- Add opinions such as, “It will all be ok.”
- Express religious blessings such as, “I’ll be praying for you” or “God has a plan.”
- Share sentiments wishing good health such as, “Get well soon.”

Please DO smile and say hello. Even if they can’t smile back, they feel your support.

If you find yourself in a conversation with a guest, *we ask that you please:*

- *Listen to them, let them talk and lead.*
- *Let them know you will be thinking of them.*
- *Tell them it was an honor to meet them.*

Thank you for understanding the vulnerable state of those living in our House and for being here to make a difference in their day.